



[Jesus said,] "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

JOHN 6:51

## Food for the Day

FR. JOSEPH JUKNIALIS

**J**ust as the darkest of nights brings out stars we might never notice otherwise, so is it that when we find ourselves lost in the dark of life's deserts, the slightest kindnesses can bring us to a brief oasis in a day otherwise oppressive. Most often such moments come as gifts, unearned—even undeserved. Yet they are blessings to us.

Psychologists tell us that if we find ourselves down in the dumps and depressed, we can find hope by naming three things that happened that day that were pure gifts—a phone call from a friend, a compliment, a free cup of coffee, a good bill of health from the doctor. Remembering them at the end of the day and giving thanks for them may not solve the issues that burden us, but they can put them in perspective, reminding us that life is a mix of both the good as well as the not so good.

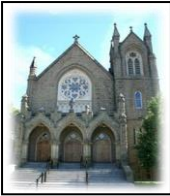
Moses urged the people to recall all that God had done for them—bringing them out of Egypt, guiding them through the desert, leading them to water, and feeding them with manna. Amid their grumbling, their remembering offered them hope and the courage to go on.

Thus, what psychologists suggest is what God has been doing for us for thousands of years—that God feeds us daily in large and small ways, all without our deserving it but out of his great generosity. Remember, then, how God has fed you. ●

### Reflect

***Tonight, will you think about your day and give thanks for three ways you were blessed?***

Welcome to The Good Shepherd Pastoral Unit



**St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9**  
**Phone: (506) 857-0425 Email: [sbhf@rogers.com](mailto:sbhf@rogers.com)**  
**Office hours:**  
**Monday – Thursday, 9AM-12Noon & 1-4PM,**  
**Friday 9-12: Noon beginning June 9 up to and including September 1**  
**Website: [www.stbernardschurch.ca](http://www.stbernardschurch.ca)**



**St. Vincent's**  
**63 Charlotte St., Sackville, NB, E4L 2Y5**  
**Phone: (506) 536-1460 Email: [stvince@nbnet.nb.ca](mailto:stvince@nbnet.nb.ca)**  
**Office hours: Monday & Thursday @ 10 AM-2PM**



**St. Clement's**  
**14 Church St., Port Elgin, NB E4M 2C9**  
**Phone: (506) 538-2262 Email: [stclement.stbartholomew@gmail.com](mailto:stclement.stbartholomew@gmail.com)**  
**Office hours: call office to verify**

Mass times / Intentions: June 12-18, 2023

St. Bernard's

Mon.	June12	9:30 AM	Special Intention	Peg & Gilles Arsenault
Thur.	June15	9:30 AM	Special Intention	Parishioner
Fri.	June16	9:30 AM	Special Intention	Parishioner
Sat.	June17	4:00 PM	For the People	
Sun	June18	11:00 AM	Anniv. Late Lester Rossiter	Melda & Family

St. Clement's

Sat.	June17	7:00 PM	For the People	
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St. Vincent's

Sun.	June18	9:00 AM	Late Claudette Dupuis	Roland Dupuis
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**Sacrament of Reconciliation / Confession**  
**Saturdays, 1:00 PM at St. Bernard's**

## The Good Shepherd Pastoral Ministry Team

<b>Priest Moderator</b>	Fr. Allison Carroll (sick leave)	
<b>Administrator</b>	Fr. Charles Broderick	charlesbroderick1@gmail.com
<b>Liturgy</b>	Darlene McGraw	darlenemcgraw@rogers.com
<b>Catechetics</b>	Lorella Dunnett	Lorella_st.bernards@hotmail.com
<b>Social Justice</b>	Claudia McCloskey	
<b>Adult Faith</b>	Andrew Wilson	
<b>St Bernard's Parish Staff</b>		
<b>Pastoral Associate / Liturgy</b>	Darlene McGraw	darlenemcgraw@rogers.com
<b>Receptionist / bookkeeper</b>	sbhf@rogers.com	
<b>Catechetical Coordinator</b>	Lorella Dunnett	Lorella_st.bernards@hotmail.com
<b>Custodian</b>	Michel Saulnier	
<b>St Vincent's Parish Staff</b>		
<b>Parish Secretary</b>	Lorraine Horyl	
<b>Catechetical Coordinator</b>	Cathy Crinnion	
<b>St Clement's Parish Staff</b>		
<b>Parish Secretary</b>	Pam Van Egmond	

<b>OFFERINGS</b>	<b>June 3 &amp; 4, 2023 - RECEIVED BY MAIL &amp; ONLINE</b>		
<b>St. Bernard's</b>			
<b>Envelopes</b>	<b>\$ 4,581.03</b>	<b>Loose</b>	<b>\$ 966.05</b>
<b>Karing Kitchen</b>	<b>\$ 50.35</b>	<b>Papal Charities</b>	<b>\$ 105.00</b>
<b>Share Lent</b>	<b>\$ 200.00</b>	<b>Building /Capital Campaign</b>	<b>\$ 1,111.13</b>
<b>Reconnect</b>	<b>\$ 10.00</b>	<b>Syrian Relief</b>	<b>\$ 50.00</b>
<b>St. Clement's</b>			
<b>Envelopes</b>	<b>\$ 156.35</b>	<b>Donations with Receipt</b>	<b>\$ 25.00</b>
<b>Cemetery</b>	<b>\$ 50.00</b>		
<b>St. Vincent's</b>			
<b>Envelopes</b>	<b>\$ 1,835.00</b>	<b>Loose</b>	<b>\$ 70.00</b>
<b>Maintenance</b>	<b>\$ 375.00</b>	<b>Papal Charities</b>	<b>\$ 20.00</b>
<b>New Year's Offering</b>	<b>\$ 20.00</b>	<b>Initial Offering</b>	<b>\$ 20.00</b>
<b>Share Lent</b>	<b>\$ 20.00</b>	<b>Ash Wednesday</b>	<b>\$ 20.00</b>
<b>Holy Thursday</b>	<b>\$ 20.00</b>	<b>Good Friday</b>	<b>\$ 20.00</b>
<b>Easter</b>	<b>\$ 20.00</b>	<b>Fuel</b>	<b>\$ 20.00</b>
<b>HR-SV Cemetery</b>	<b>\$ 655.00</b>	<b>St. Edward's Cemetery</b>	<b>\$ 100.00</b>
<b>HST Rebate</b>	<b>\$ 888.94</b>		
<b>Thank you for your generous and continued support!!!</b>			

# In Sympathy

*A time to mourn.....  
Sincere sympathies to the family of:*



**Gerald John Bouma**

**Husband of Gemma, father of Christina, Peter & Philip**

*And to all who mourn the loss of a loved one.*



*Ecclesiastes 3...  
Under every season there is a time...A time to heal.  
We remember in our prayers those who are sick...*

## **St. Bernard's**

**Judy Chiasson**

**Roger Berube**

**Ida Caruso**

**Patricia Devine**

**Boyd Clory**

**Ed Muise**

**Diana Bathurst**

**Mike Grant**

**Marie Godin**

**Norm Gallant**

## **St. Clement's**

**Vina McGraw**

**Gerard McGraw**

**Ophelia McGraw**

**Shadra McGraw**

**Arabella McGraw**

**Carol Murphy**

**Hudson Sweeney**

**Beverly Melanson**

## **St. Vincent's**

**Mary and Art Chase**

**Leone Campbell**

**Victor Laundry**

**Victor Tower**

*And for all who care for them.*



## **Bursaries**



**St. Bernard's Church is offering a \$1000 bursary** to a student graduating from High School in June 2023, who is a parishioner, and is pursuing post-secondary studies. **Mail or email your letter of application, including your future plans, to arrive no later than Friday, June 30, 2023, to:** St. Bernard's Church, 43 Botsford St., Moncton, NB, E1C 4W9 or Email to: [sbhf@rogers.com](mailto:sbhf@rogers.com)

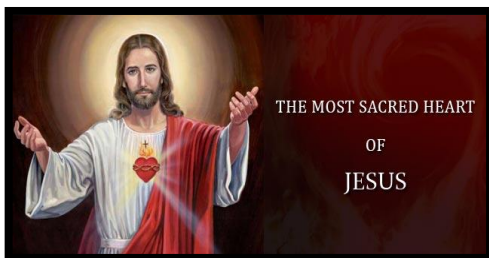
**The WAK Chapter of the Irish Canadian Cultural Association of NB** is pleased to offer 5 bursaries, valued at **\$200.00 each**, to student entering or attending post-secondary studies. Mail or email your personal letter of application, including your future plans to: **The Irish Association, PO Box 26022, Moncton, NB E1E 4H9** or email: [watchdog@nb.sympatico.ca](mailto:watchdog@nb.sympatico.ca) **Deadline: June 30, 2023.**

## St. Bernard's

**MARK YOUR  
CALENDAR**

### St. Bernard's

<b>Carmelites</b>	2 <sup>nd</sup> Sat. of the month, 9:00 -11:00 AM	Meeting Room
<b>Prayer Group</b>	2 <sup>nd</sup> Sat & last Sat. of each month @ 7 PM	Church Hall
<b>RCIA</b>	To resume in the fall	Meeting Room



### Feast of The Most Sacred Heart of Jesus

**June 16, 7 :00 PM, at St. Bernard's**

Adoration & Benediction of Blessed Sacrament

All are welcome!



### World Day of Prayer for the Sanctification of Priests - June 16

Catholics worldwide are urged to pray for Priests today on the Word Day of Prayer for the Sanctification of Priests. The day was begun by Saint John Paul II in 2002 with the objective of having all Catholic faithful join in prayer for the sanctification of Priests. The World Day of Prayer for the

Sanctification of Priests coincides with the Feast of the Sacred Heart of Jesus.



**Please Note – Beginning Friday, June 9, St. Bernard's Friday office hours for the summer will be from 9AM to 12 noon.**

### PRE-AUTHORIZED GIVING

#### Parish Contributions through the pre-authorized payment system:

***For those who contribute through pre-authorized payments*** – please note: if you wish, when entering the church, you may pick up a ***“Contribution through the pre-authorized payment system” laminated card.*** At collection time, simply drop into the collection basket.

Pre-authorized payments are a convenient and easy way to make parish contributions automatically. Our lives are busy and the intention to give is there, but life has a way of throwing us off our plans. ***A simple and easy way to contribute to St. Bernard's is pre-Authorized Payments (PAP).*** PAP giving allows your "intention to be generous" to be realized. It is safe, reliable, easy to keep track of, and easy to set-up. ***You can choose the frequency of your gift - weekly, bi-weekly, or monthly; whatever works best for you.*** Once set up it may be stopped at anytime if necessary. If you would like more information or to set up a PAD, please contact the parish office @ 857-0425.



## St. Clement's

Multiple yard sales on June 17, Across Strait Shores which is Murray Corner, Shemogue, and Port Elgin. 17 locations noted on a map that can be obtained through [aboyd@strait-shores.com](mailto:aboyd@strait-shores.com) or [thaynes@strait-shores.com](mailto:thaynes@strait-shores.com).

**"COME VISIT THE AREA – ALL ARE WELCOME"**

## St. Vincent's

**Faith Formation** - During the summer months, while there is a pause in catechism sessions, we would like to offer social activities to our younger parishioners, and we need volunteers with a recent Vulnerable Sector Check. Contact Cathy Crinnion to get involve so that we can provide fun and nurturing activities in the summer – email or call [ccrinnion@yahoo.ca](mailto:ccrinnion@yahoo.ca) / (506) 536-4470.

**Praying the Rosary** - We invite you to join us in the Chapel on Thursdays at 10:30 a.m. to pray the Rosary for the intentions of our Pope and our parish/parishioners. All are welcome.

**USED EYEGLASSES** – St. Vincent's is collecting used eyeglasses to be forwarded to St. Bernard's where they will be distributed to a local service club for cleaning and sorting by prescription strength. They will then be packaged and distributed to people in need. All donations of used eyeglasses may be placed in the box marked "EYEGLASSES" located at the church entrance.

**TANTRAMAR HIGH SCHOOL GRADUATES** - St. Vincent's parish recognizes the achievements of our high school graduates, Class of 2023, and wishes you the best on your future endeavors! Please join us in congratulating:

**Koji Gates. Robert Snihur, Ian Trenholm, Phaedre Williams, Liam Wilson-Black**

*Thank You*  
For Your  
**SUPPORT** ❤️

**During the summer months church contributions normally decrease while parishioners are travelling and vacationing.** However, the expenses to run our churches remain constant and increase as necessary maintenance / repairs are completed. Please give consideration to "making up" missed contributions. Thank you for your continued generosity!!! God Bless!



He took bread, said the blessing, broke it, and gave it to them, and said, "Take it; this is my body." Mark 14:22



**From the Office of Evangelization and Catechesis**  
**To contact us:**  
**Trevor: 857-4879 or [trevord.diocese@gmail.com](mailto:trevord.diocese@gmail.com)**  
**Karen: 387-4198 or [karen.diocese@gmail.com](mailto:karen.diocese@gmail.com)**

**Monday @ The Movies** - Everyone is invited to join our next film discussion taking place on June 12th at 10:30 am when we will be discussing the (1995) film *Dead Man Walking* featuring Susan Sarandon and Sean Penn, both having won Academy Awards for their roles. Monday @ The Movies is a discussion group that meets regularly via Zoom to talk about faith connections in popular movies. Contact Karen for more information or to register.

**Vacation Bible School 2023:** The theme of this year's in-person Vacation Bible School will be **Stellar: Shine Jesus' Light** and will run from June 26<sup>th</sup>-29<sup>th</sup> in the mornings at Immaculate Heart of Mary in Riverview. Registration is open to anyone aged 3 up to the end of grade 6, and there will be a \$20 deposit required which will be returned at the end of the program. Register online by visiting [www.diomoncton.ca](http://www.diomoncton.ca) → Pastoral Offices → Youth Faith Development → Vacation Bible School and then click on the poster. Contact Karen at 387-4918 or [karen.diocese@gmail.com](mailto:karen.diocese@gmail.com)



**Chalice is coming to  
The Good Shepherd Pastoral Unit!**

At the June 10-11 Masses, Canada's largest Catholic Child Sponsorship organization will provide you the opportunity to begin a relationship with a child in the developing world through the benefits of Child Sponsorship. It is a powerful way to reveal God's love for those most in need. Please visit [chalice.ca](http://chalice.ca) for

more information about Chalice and its mission. **Parishioners are encouraged and welcome to view the following videos / links:** <https://youtu.be/Hs-4oAtAQfY> and [https://youtu.be/7OfzxZoH\\_d8](https://youtu.be/7OfzxZoH_d8)

**MASS AT ST. PATRICK'S CHURCH IN CHAPEL POINT** will be celebrated on Saturday, June 17<sup>th</sup> at 4:00 pm (312 Chapel Point Road, Kent County).

**Holy Family Seniors Club Bus Tour to Minister's Island/ St. Andrew's on Aug.10, 2023** - Anyone interested in joining this day trip, please contact Jean Ryan 506-382-9812 or Peter Mulroy at 506-386-2616 for details. Must reserve and pay \$140.00 by July 1.

# Dear Padre,

*I'm eighty-one. When I received first Communion, the nuns told me not to chew the holy Eucharist, but to let it melt in my mouth. Is it wrong to chew it?*

It is permitted to chew the host or to let it dissolve in your mouth. The hosts today must be unleavened and made only of flour and water, making it easier for some communicants to dissolve it in their mouths. Unleavened bread doesn't mold or spoil and is more suitable than leavened bread for exposition and adoration. However, for nearly 800 years, the Church used leavened wheat bread for the Eucharist before unleavened wheat bread was introduced into the Roman rite. Communicants would have had to chew the Eucharist before the modern waferlike host evolved.

Your first Communion instruction on the proper way to consume the Eucharist was an effort to instill in you a deep reverence for the Real Presence of Christ. This profound respect for our Lord in the form of consecrated bread and wine is still desired by the Church. For example, at Mass the priest "reverently consumes the Body of Christ" and "reverently partakes of the Blood of Christ" (*General Instruction of the Roman Missal*, 158). Similarly, "when receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister" (*GIRM* 160). Today's Solemnity of the Most Holy Body and Blood of Christ is a special day for us to remember Jesus' gift of his own body that we might be nourished and strengthened for this life's journey. ●



CASEY SHUTTERSTOCK

**Fr. Byron Miller, CSsR / DearPadre.org**

## MONDAY

June 12  
Weekday  
2 Cor 1:1-7  
Mt 5:1-12

## TUESDAY

June 13  
St. Anthony of  
Padua, Priest  
and Doctor of  
the Church  
2 Cor 1:18-22  
Mt 5:13-16

## WEDNESDAY

June 14  
Weekday  
2 Cor 3:4-11  
Mt 5:17-19

## THURSDAY

June 15  
Weekday  
2 Cor 3:15-  
4:1, 3-6  
Mt 5:20-26

## FRIDAY

June 16  
Most Sacred  
Heart of Jesus  
Dt 7:6-11  
1 Jn 4:7-16  
Mt 11:25-30

## SATURDAY

June 17  
Immaculate  
Heart of  
the Blessed  
Virgin Mary  
2 Cor 5:14-21  
Lk 2:41-51

## SUNDAY

June 18  
Eleventh Sunday  
In Ordinary  
Time  
Ex 19:2-6a  
Rom 5:6-11  
Mt 9:36-10:8



## A WORD FROM POPE FRANCIS

***We who go to Mass can ask: What is it that we bring to the world? Is it our sadness and bitterness, or the joy of the Lord? Do we receive Holy Communion and then carry on complaining, criticizing and feeling sorry for ourselves? This does not improve anything, whereas the joy of the Lord can change lives.***

**HOMILY, ROME, JUNE 14, 2020**

CNS PHOTO/PAUL HARRING