

Jesus said in reply, "It is written,
'The Lord, your God, shall you worship
and him alone shall you serve.'"

MATTHEW 4:10

The Gift of Boredom

FR. JOSEPH JUKNIALIS

Boredom is not a bad thing. It's a good thing. In fact, boredom is a gift. Lost in boredom, we begin to explore new interests and develop unrealized talents. We daydream and begin to form new hopes for our future. For these reasons, periods of boredom are especially good for children and why computers and mobile phones become distinct drawbacks for children and adults alike. It is also in the reverie of boredom that we find ourselves recognizing our limitations, faults, and weaknesses as human beings—the beginning steps to growth and wholeness.

Being bored can be like living in a desert, and that's not a bad thing to do once in a while. Deserts and their absence of anything to distract us become places where we come to know ourselves. It's what took place in Jesus on his journey into the desert. There, he was confronted by his humanity in the temptations he experienced.

There, he came to realize his calling and the beginnings of where it would take him. There, in the desert, he came to know himself.

The season of Lent, then, becomes an opportunity for us to create a desert for ourselves. Putting limits on our television and computer time can create a desert. Snacking between meals can become a mindless distraction; thus, fasting can become another desert. Setting aside time for quiet and prayerful reflection becomes one more such desert experience. A grace of this Lent would then become a fuller and more honest knowledge of ourselves—a kind of resurrection. ●

Reflect

Do you deal with boredom in a healthy way?

Welcome to The Good Shepherd Pastoral Unit



St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9

Phone: (506) 857-0425 **Email:** sbhf@rogers.com

Office hours:

Monday to Friday, 9-12 & 1-4

Website: www.stbernardschurch.ca



St. Vincent's

63 Charlotte St., Sackville, NB, E4L 2Y5

Phone: (506) 536-1460 **Email:** stvince@nbnet.nb.ca

Office hours: Monday & Thursday @ 10 AM-2PM



St. Clement's

14 Church St., Port Elgin, NB E4M 2C9

Phone: (506) 538-2262 **Email:** stclement.stbartholomew@gmail.com

Office hours: call office to verify

Mass times / Intentions: February 27 – March 5, 2023

St. Bernard's

Mon.	Feb. 27	9:30 AM	Anniv. late Hampford Hachey	Family
Thur.	Mar. 2	9:30 AM	Late Marc LeBlanc	Family
Fri.	Mar. 3	9:30 AM	Late Frances Roach	Theresa & Reg Constantine & family
Sat.	Mar. 4	4:00 PM	Late Roy & Mary MacKinnon	Irene MacInnis
Sun.	Mar. 5	11:00 AM	For the People	

St. Clement's

Sat.	Mar. 4	7:00 PM	For the People	
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St. Vincent's

Sun.	Mar. 5	9:00 AM	Heidi Lafford	Edgar & Rosie
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Sacrament of Reconciliation / Confession

Saturdays, 1:00 PM at St. Bernard's

The Good Shepherd Pastoral Ministry Team		
Priest Moderator	Fr. Allison Carroll (sick leave)	
Administrator	Fr. Charles Broderick	charlesbroderick1@gmail.com
Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Catechetics	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Social Justice	Claudia McCloskey	
Adult Faith	Andrew Wilson	
St Bernard's Parish Staff		
Pastoral Associate / Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Office support / bookkeeper	Janessa Virtudazo	sbhf@rogers.com
Catechetical Coordinator	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Custodian	Michel Saulnier	
St Vincent's Parish Staff		
Parish Secretary	Lorraine Horyl	
Catechetical Coordinator	Cathy Crinnion	
St Clement's Parish Staff		
Parish Secretary	Pam Van Egmond	

OFFERINGS			
February 18 & 19, 2023			
St. Bernard's			
Envelopes	\$ 2,845.00	Loose	\$ 533.40
Karing Kitchen	\$ 60.00	Ash Wednesday	\$ 15.00
New Years Day	\$ 20.00	Reconnect	\$ 40.00
Capital Fund	\$ 160.00	Building Fund	\$ 10.00
St. Clement's			
Envelopes	\$ 205.00	Heating	\$ 70.00
St. Vincent's			
Envelopes	\$ 1,442.00	Loose	\$ 15.00
Maintenance	\$ 40.00	Fuel	\$ 40.00
Upkeep of Holy Land	\$ 20.00		
<i>Thank you for your generous and continued support!!!</i>			



St. Bernards Church is open daily during Lent
Monday to Friday 12:00 - 1:00 PM
Sundays 2:00 - 3:00 PM

St Bernard's

**MARK YOUR
CALENDAR**

Carmelites	2 nd Sat. of month, 9:00 -11:00 AM	Meeting Room
Prayer Group	2 nd Sat & last Sat. of each month @ 7 PM	Church Hall
RCIA	1 st & 3 rd Wednesdays of the month @ 6:30 PM	Meeting Room
Evening Prayer	March 8, 15, 22, 29 & April 5 @ 6 PM	Church
Penitential Service	March 26 @ 2 PM	Church

St Vincent's

INCOME TAX RECEPITS

All receipts for the 2022 tax year have been distributed, either in person or Canada Post mail. If you have not received your 2022 Income Tax Donation Receipt, please notify the Parish Office.

PRAYERS OF THE FAITHFUL AND MASS INTENTIONS

Please notify the Parish Office 536-1460 or stvince@nbnet.nb.ca if you wish to schedule a date for a Mass Intention or include in the Prayers of the Faithful the name(s) of family or friends who are ill or who have died.

ANNIVERSARIES/SPECIAL OCCASIONS

In order to honour those who are celebrating milestone anniversaries and birthdays, please notify the Parish Office approximately one week in advance of the special date.

MUSIC MINISTRY

Parishioners who are interested in sharing their vocal/musical talents are invited to join our Music Ministry team! Please contact Leonette Nelson at 536-0764.

PRAYING THE ROSARY

You are invited to join us on Thursdays at 10:30 a.m. in St. Vincent's Chapel to pray for the intentions of our Pope and our parish/parishioners. All are welcome.

FAITH FORMATION

The Elementary group will meet today after mass. There will be no session held on March 5th due to March Break and we wish all families a safe and happy time, especially those who are travelling. The session on March 12th will be for the Elementary group and the Primary group will meet next on March 19th. We ask that you please wear masks when entering/moving about the room, and consider staying home if you are feeling ill.

The Confirmation candidates and their parent(s) will meet with catechist Andrew Wilson for their next session on February 26th at 6:30pm at St. Vincent's. We hope everyone gets a chance to look at a few of their baptism photos and reminisce beforehand with parents/godparents/family, as well as talking with your Confirmation sponsors about favourite stories of Jesus and how those stories inform our actions and relationships.

For any participant or volunteer inquiries for the program, now until mid-May, please contact Cathy Crinnion at ccrinnion@yahoo.ca or 536-4470.

FOOD BANK

With the rising cost of groceries, please remember to support our local food bank which assists families in need in our community. All donations of non-perishable goods can be left in the Food Basket, located in the entrance to the church on the right. The Sackville Food Bank is located on Willow Lane (between RBC and Jean Coutu Drugstore).



**From the Office of Evangelization and Catechesis
To contact us:**

Trevor: 857-4879 or trevord.diocese@gmail.com

Karen: 387-4198 or karen.diocese@gmail.com

We are pleased to offer a series of four virtual formation sessions led by Catherine Ecker, a lead Canadian voice in Rite of Christian Initiation of Adults (R.C.I.A.). Each session will take place on Zoom and run from 7:00 – 9:00 pm. The remaining dates are **March 6th**, and **March 20th** and upon the completion of four sessions each participant will receive a certificate from the Archdiocese.

Monday @ The Movies – Lent Goes to the Movies

Everyone is invited to join our film discussion series taking place during Lent. We will meet virtually on February 27th (*Insomnia*, 2002); March 13th (*Water*, 2005); March 27th (*Loving*, 2016); and April 3rd (*The Mission*, 1986). Each discussion will take place at 10:30 am via Zoom. Monday @ The Movies is a discussion group that meets regularly via Zoom to talk about faith connections in popular movies. Contact Karen for more information or to register.

Faith Experiments Express

Children in grades 1 through 6 are invited back to Faith Experiments Express where we use interactive science experiments to teach about God and Scripture. Sessions are conducted via Zoom and our next session will take place **March 27th** at 6:00 pm. For more information, Contact Karen at 387-4198 or karen.diocese@gmail.com. Register online at www.diomoncton.ca → Pastoral Offices → Youth Faith Development.

Opportunity for Catechists and those involved in Sacramental Preparation

Msgr. Paul-André Durocher, Archbishop of Gatineau will offer a virtual conversation for catechists and those involved in sacramental preparation entitled “Baptism and Confirmation: The Big Picture”. This interactive session will be held on Zoom on Saturday, March 25th from 9:00 am – 12:00 pm. Archbishop Durocher’s session is sponsored by the Atlantic Catechetical Association and is offered at no charge. For more information or to register, contact Karen LeBlanc or visit www.acacatholic.ca

Upcoming Meetings

Youth Faith Commission will be on Thursday, February 23th at 5:00 pm via Zoom.

Sacramental Preparation Committee meeting on March 9th at 2:30 pm at Immaculate Heart of Mary.

Parish Catechetical Coordinators meeting, March 9th at 6:00 pm at Immaculate Heart of Mary church.

The Adult Faith Commission meeting, March 15th at 6:30 pm at Immaculate Heart of Mary.



Knights of Columbus - Council 1310 - 84 Broadway St.

Sunday Breakfast- March 5, 8:30 AM-12:30 PM

Adult - \$ 12.00, 12 yrs. & under - \$ 5.00

Come join us for a great feast to support a great Catholic organization.

Please ask about becoming a member of this worthy volunteer group.

All are welcome.



Development and Peace: a movement of solidarity

Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada. We partner with organizations in the Global South that promote alternatives to unjust social, political and economic structures and support women in their quest for equality and justice. With the help of our 11,000+ volunteer members, we inform Canadians about the root causes of impoverishment and

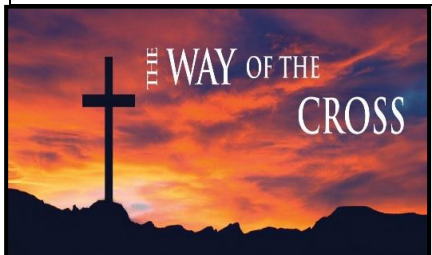
mobilize them to act for change. Our Lenten campaign, ***Stand for the Land*** focuses on people's defence of their territories in Colombia and Honduras. This year, Development and Peace — Caritas Canada's ***Create Hope: Stand for the land*** campaign calls you to support our sisters and brothers in the Global South in defending their land and territory. Do this by:

Donating online at devp.org/give or during the **Solidarity Sunday** collection on March 26, the fifth Sunday of Lent. Your generosity helps support over 86 projects in 40 countries around the world!

Learning more by reading the Mini-magazine and other resources available at devp.org/lent/resources. To learn more about our movement and to join us, visit devp.org.

The Way Of The Cross

We will pray the Way of the Cross ***during the holy season of Lent on Friday evenings at 6:30 PM***. To make this prayer available to as many people as possible, we will celebrate it in different churches according to the following schedule:



March 3 rd	St. Augustine's
March 10 th	St. Bernard's
March 17 th	Immaculate Heart
March 24 th	St. Augustine's
March 31 st	St. Bernard's
April 7 th	Immaculate Heart



THE GOOD SHEPHERD PASTORAL UNIT

LENTEN PENITENTIAL SERVICE

Sunday, March 26, 2023, 2:00 PM at St. Bernard's



EVENING PRAYER

Christians are called in baptism to be people of prayer, to pray always, praising God and pleading for the world. Our priests, encourage us at the beginning of Lent to be more cognizant of prayer during the Lenten season. Why not try gathering with the faith community for Evening Prayer? It only takes up a half hour of your time. We follow the format for Evening Prayer that is offered in our Catholic Book of Worship.

All parishioners of our parish unit are invited & encouraged to gather for Evening Prayer Wednesday evenings at St. Bernard's Church at 6 PM - March 8, 15, 22, 29 & April 5.

In Sympathy

*A time to mourn.....
Sincere sympathies to the families of:*



St. Bernard's

Lavetta Lund

Wife of Ralph, mother of Beverly, Darlene, Darren & Heather

St. Clement's

Elizabeth Mallery

Wife of Robert, mother of Albert, Jerry, Joanne, Andrew & (late) Sarah

St. Vincent's

Heidi Lafford

Wife of John, mother of Quinn, Gwyneth, Elle & Caroline

And to all who mourn the loss of a loved one.



Ecclesiastes 3...

*Under every season there is a time...A time to heal.
We remember in our prayers those who are sick...*

St. Bernard's

Beth Purcell

Judy Chiasson

Roger Berube

Ida Caruso

Patricia Devine

Patricia Hachey

Claire Struble

Leona Cormier

Boyd Clory

St. Clement's

Gabriel Becker

Vina McGraw

Gerard McGraw

Ophelia McGraw

Shadra McGraw

Arabella McGraw

Helena Coulter

Suzanne Jones

Hudson Sweeney

Beverley Melanson

And for all who care for them.



Music Ministry at St. Bernard's

St. Augustine wrote that one who sings prays twice. Music is one of the single most important elements of the liturgy. However, the music minister is not a performer, but a servant, encouraging and leading the people of God in song.

Music Ministry enriches the spiritual lives and liturgical experience of the parish community by providing religious song and the music necessary to experience sung prayer at the Mass. Looking forward to the Easter liturgies, St. Bernard's invites those interested in being a part of the music ministry to a **meeting in the Parish Hall Sunday, March 12 @ 1:30 PM.**

If you enjoy singing and would like to serve the Parish in this special way, please plan to attend this meeting for further information.

Come, let us sing for joy to the Lord! (Psalm 95:1)

Dear Padre,

In the Scripture passages about Jesus in the desert, it says he was alone. How do we know about things that happened to Jesus when he was alone?

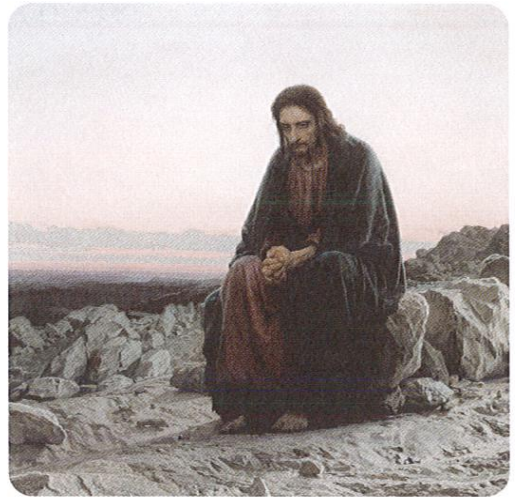
In today's Gospel, we hear one passage about the temptation of Jesus in the desert. Matthew, Mark, and Luke all refer to this incident, but none indicates that anyone was with Jesus.

There were witnesses to many incidents in the life of Jesus. But sometimes the disciples of Jesus depended on his instruction. The first Christians heard about Jesus' instruction and life from the apostles. This preaching of the apostles occurred before Matthew, Mark, Luke, or John wrote anything down.

Over time, the evangelists gathered this preaching together and put it in written form. Gradually these writings became accepted as the gospel, inspired by the Holy Spirit. The apostles were witnesses to what Jesus said and did, so Jesus did tell them things that others did not hear about until later.

Whatever Jesus experiences, he redeems. That means that while temptations are part of our life, they do not have to lead us away from God. Jesus shows us the way to meet them and overcome them. ●

The Redemptorists / DearPadre.org

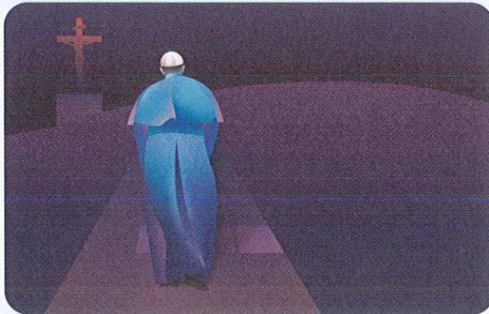


CHRIST IN THE WILDERNESS BY IVAN KRAMSKOY, 1872

Do you have a question for the Padre?

Go to **DearPadre.org** to send your question and to learn more about **Dear Padre**.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
February 27	February 28	March 1	March 2	March 3	March 4	March 5
<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>St. Katharine</i>	<i>Lenten Weekday</i>	<i>Second Sunday of Lent</i>
Lv 19:1-2, 11-18	Is 55:10-11	Jon 3:1-10	Est C:12, 14-16, 23-25	Drexel, Virgin	Dt 26:16-19	Gn 12:1-4
Mt 25:31-46	Mt 6:7-15	Lk 11:29-32	Mt 7:7-12	Ez 18:21-28	Mt 5:43-48	2 Tim 1:8-10
				Mt 5:20-26		Mt 17:1-9



JOSCREATIVE / SHUTTERSTOCK

A WORD FROM POPE FRANCIS

May this time of Lent also be a time of the desert for us. Let us take time for silence and prayer— just a little, it will do us good—in these spaces let us stop and look at what is stirring in our hearts....placing ourselves before the Word of God in prayer.

ANGELUS, ST. PETER'S SQUARE, MARCH 6, 2022