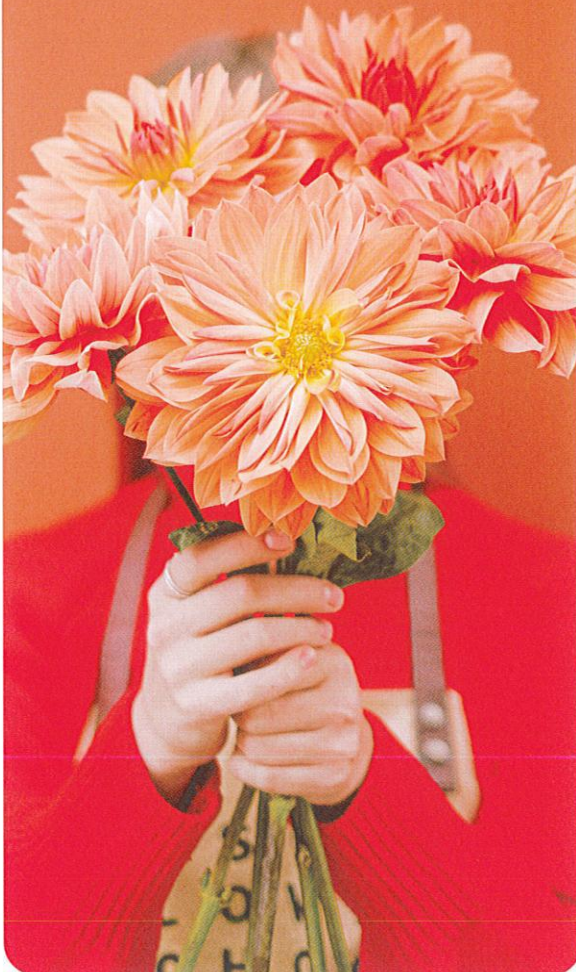




"Blessed are you....Rejoice and be glad,
for your reward will be great in heaven."

MATTHEW 5:12



Blessed Are Our Hassles

FR. JOSEPH JUKNIALIS

As much as we all might like a hassle-free life, for the person of faith the Beatitudes are markers of when God slips into our consciousness. They are life's doorways to a deepening sense of God-with-us.

"Blessed are the poor in spirit" is not about material poverty, though it may include such times. To be poor in spirit is to be dependent upon God because we have run out of our own self-sufficiencies. There is nowhere else to go.

"Blessed are they who mourn" is about times when we grieve the loss of someone or something we love deeply. Who or what will now sustain us?

"Blessed are the meek" is about giving up the need to have our own way all the time. It recognizes that sometimes God's way is breaking into what we prefer.

"Blessed are they who hunger and thirst for righteousness," that is, for a relationship with God. It is ultimately a hunger for harmony.

"Blessed are the merciful" is about being forgiving and about those who live out the corporal works of mercy—feeding the hungry, clothing the naked, and the rest. In them we find the presence of God.

"Blessed are the clean of heart" is when we come to realize we cannot have it all. Then there is only one who will satisfy our longing.

"Blessed are the peacemakers" are those who not only love peace but work for peace, for God is peace.

"Blessed are they who are persecuted for the sake of righteousness." They live for an ultimate good greater than their own. ●

Reflect

**Which Beatitude would be a good title
for your autobiography?**

**Which Beatitude needs the greatest growth
in your life?**

Welcome to The Good Shepherd Pastoral Unit



St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9

Phone: (506) 857-0425 **Email:** sbhf@rogers.com

Office hours:

Monday to Friday, 9-12 & 1-4

Website: www.stbernardschurch.ca



St. Vincent's

63 Charlotte St., Sackville, NB, E4L 2Y5

Phone: (506) 536-1460 **Email:** stvince@nbnet.nb.ca

Office hours: call office to verify



St. Clement's

14 Church St., Port Elgin, NB E4M 2C9

Phone: (506) 538-2262 **Email:** stclement.stbartholomew@gmail.com

Office hours: call office to verify

Mass times / Intentions: January 30 – February 5, 2023

St. Bernard's

Mon.	Jan. 30	9:30 AM	Late Jeff Ermen	Cathy Jensen
Thur.	Feb. 2	9:30 AM	Anniv. late Maude Keenan	Chris & Sherry
Fri.	Feb. 3	9:30 AM	Late Freda Hennesy	Barbara Cavanaugh
Sat.	Feb. 4	4:00 PM	Anniv. Late Lucy & Joseph Melanson	Linda & Guy Chiasson & Melanson Family
Sun.	Feb. 5	11:00 AM	Anniv. late Marie Rowe	Linda Rowe Fitch

St. Clement's

Sat.	Jan. 28	7:00 PM		
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St. Vincent's

Sun.	Jan. 29	9:00 AM		
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Sacrament of Reconciliation / Confession
Saturdays, 1:00 PM at St. Bernard's

St. Bernard's Pastoral Ministry Team

Priest Moderator	Fr. Allison Carroll (sick leave)	
Administrator	Fr. Charles Broderick	charlesbroderick1@gmail.com
Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Catechetics	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Social Justice	Claudia McCloskey	
Adult Faith	Andrew Wilson	
Staff		
Pastoral Associate / Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Office support / bookkeeper	Janessa Virtudazo	sbhf@rogers.com
Catechetical Coordinator	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Custodian	Michel Saulnier	

OFFERINGS

January 21 & 22, 2023

Envelopes	\$ 2,595.00	Loose	\$ 380.45
Karing Kitchen	\$ 11.00	Needy Fund	\$ 20.00
New Year's Day	\$ 55.00	Reconnect	\$ 40.00
Capital Fund	\$ 25.00		

Thank you for your generous and continued support!!!

Online Deposit

December 25, 2022 – January 22, 2023


Envelopes	\$ 5,096.67	Building Fund	\$ 165.00
New Year's Day	\$ 200.00	Syrian Fund	\$ 35.00
Capital Fund	\$ 3,643.33		

Thank you for your generous and continued support!!!



IN THE EVENT OF A STORM OR INCLEMENT WEATHER
 CANCELLATIONS WILL BE NOTED ON:
 ST. BERNARD'S WEBSITE: www.stbernardschurch.ca
 OR BY CALLING OUR PHONE LINE @ 857-0425

<div>MARK YOUR CALENDAR</div>		
Carmelites	2 nd Sat. of month, 9:00 -11:00 AM	Meeting Room
Prayer Group	2 nd Sat & last Sat. of each month @ 7 PM	Church Hall
RCIA	1 st & 3 rd Wednesdays of the month @ 6:30 PM	Meeting Room
Marriage Preparation	Friday, Feb. 3 & Saturday, Feb. 4 – see note in bulletin for details	

In Sympathy		<div>A time to mourn..... Sincere sympathies to the families of:</div>		
Barbara Jean Mackin		Wife of Philip, mother of Catherine, Philip & Joseph		
Allan Meredith		Father of Ronald & Derek, special friend of Jackie Doiron		
And to all who mourn the loss of a loved one.				

<div> <div>Prayer Request</div> <div>Ecclesiastes 3... Under every season there is a time...A time to heal. We remember in our prayers those who are sick...</div> </div>		
Beth Purcell	Judy Chiasson	Roger Berube
Ida Caruso	Patricia Devine	Bill Connor
Terry LeBlanc	Ed Muise	Felix Pestana
Boyd Clory	Lori Rigby	Louise MacGregor
Bernadette Vanbuskirk		
And for all who care for them.		

<div>What God Has Joined</div>		<div>What God Has Joined Preparing For Marriage In The Catholic Church</div>
<div> <p>Marriage preparation is a requirement for marriage in the Catholic Church.</p> <p>It is recommended that couples complete this preparation 6 months before their marriage date. This course discusses the important aspects of your relationship before you begin your life-long journey together.</p> </div>		
St. Bernard's will be facilitating a weekend marriage preparation program on the following dates:		
Friday	February 3	7:00 to 9:00 PM
Saturday	February 4	9:00 AM to 4:30 PM
Couples are required to attend both days.		
Cost of course & book inclusive: \$ 60.00 per couple		
You must pre: register to attend by calling 857-0425. Space is limited.		
In case of inclement weather, the program will be facilitated the following weekend, February 10 & 11, 2023, same time frames as above.		



From the Office of Evangelization and Catechesis

To contact us:

Trevor: 857-4879 or trevord.diocese@gmail.com

Karen: 387-4198 or karen.diocese@gmail.com

Formation for Parish R.C.I.A. Teams

We are pleased to offer a series of four virtual formation sessions led by Catherine Ecker, a lead Canadian voice in Rite of Christian Initiation of Adults (R.C.I.A.). Each session will take place on Zoom and run from 7:00 – 9:00 pm. The dates will be **January 30th**, **February 13th**, **March 6th**, and **March 20th** and upon the completion of four sessions each participant will receive a certificate from the Archdiocese. This formation is designed for Parish R.C.I.A. teams and others involved in sacramental initiation but is open to anyone interested and would like to learn more. Contact Karen at 387-4198 or karen.diocese@gmail.com. Register online by www.diomoncton.ca → Pastoral Offices → Adult Faith → Formation Opportunities.

Mondays @ The Movies

Our next film discussion will take place on Monday, January 30th at 10:30 am via Zoom. We will be talking about the 1984 film *Places in the Heart* with Sally Field, Danny Glover, and John Malkovich. Mondays @ The Movies is a discussion group that meets regularly via Zoom to talk about faith connections in popular movies. Contact Karen for more information or to register.

Meeting of the English Diocesan Pastoral Council

The next meeting of the English Diocesan Pastoral Council will take place on Wednesday, February 1st at 9:00 am at Immaculate Heart of Mary (Dan Bohan Center) in Riverview. The group will meet for mass at 9:00 am and then proceed to the hall for our meeting at 9:30 am.

Faith Experiments Express

Children in grades 1 through 6 are invited back to Faith Experiments Express where we use interactive science experiments to teach about God and Scripture. Sessions are conducted via Zoom and our next session will take place **February 6th** at 6:00 pm. For more information, Contact Karen at 387-4198 or karen.diocese@gmail.com. Register online at www.diomoncton.ca → Pastoral Offices → Youth Faith Development.

PRE-AUTHORIZED GIVING

Parish Contributions through the pre-authorized payment system:

For those who contribute through pre-authorized payments – please note: if you wish, when entering the church, you may pick up a ***“Contribution through the pre-authorized payment system” laminated card.*** At collection time, simply drop into the collection basket.

Pre-authorized payments are a convenient and easy way to make parish contributions automatically. Our lives are busy and the intention to give is there, but life has a way of throwing us off our plans. ***A simple and easy way to contribute to St. Bernard's is pre-Authorized Payments (PAP).*** PAP giving allows your "intention to be generous" to be realized. It is safe, reliable, easy to keep track of, and easy to set-up. ***You can choose the frequency of your gift*** - weekly, bi-weekly, or monthly; whatever works best for you. Once set up it may be stopped at anytime if necessary. If you would like more information or to set up a PAD, please contact the parish office @ 857-0425.



St. Bernard's Catholic Women's League Meeting

Sun., Feb.19 from 2-4pm (rosary at 130pm) in the church hall. We will be having a 'toonie collection' for Right to Life. New members welcome.

Making life more affordable: A one-time top-up to the Canada Housing Benefit

For many people in Canada, it is increasingly challenging to find a safe and affordable place to call home. As of December 12, 2022, the one-time top-up to the Canada Housing Benefit will be available to low-income renters who need it most.

This one-time payment of \$500 will be available to renters who:

- Are at least 15 years of age as of December 1, 2022;
- Have an adjusted family net income for 2021 of \$35,000 or less for families, or \$20,000 or less for individuals;
- Are a resident of Canada for tax purposes in 2022 and their principal residence is situated in Canada on December 1, 2022; and,
- Paid at least 30% of their adjusted family net income—based on their 2021 income tax return—on rent in the 2022 calendar year for their own principal residence in Canada.

The deadline to apply is March 31, 2023

https://www.canada.ca/en/services/taxes/child-and-family-benefits/top-up-canada-housing-benefit.html?utm_source=Digital_Product&utm_medium=Newsletter_template&utm_campaign=CMHC+PAB+One_time_top_up_CHB&utm_content=2022-12-12_0027&utm_term=EN_Stak



Government of New Brunswick

Need help with housing? A new website and one-on-one support is available.

Visit www.gnb.ca/Housing or call 1-833-355-3262 to speak to a housing navigator if you need help with:

- General information on housing and housing programs.
- Access to available housing services and support.
- Meeting basic needs and overcoming challenges related to housing.

Tenants and landlords with questions or concerns regarding a tenancy should continue to call the Residential Tenancies Tribunal at 1-888-762-8600. This includes matters related to a rent increase, termination or eviction notice, security deposit or information on rights and obligations.



Faith Formation

Session	Sunday: Year 1-2-3 @ 9:15 AM Year 4-5-6 @ 12:15 PM	Tuesday: Years 1-2-3 @ 6 PM	Wednesday: Years 4-5-6 @ 6 PM
#8	Jan. 8, 2023	Jan. 10, 2023	Jan. 11, 2023
#9	Jan. 22, 2023	Jan. 24, 2023	Jan. 25, 2023
#10	Feb. 5, 2023	Feb. 7, 2023	Feb. 8, 2023
#11	Feb 12, 2023	Feb. 14, 2023	Feb. 15, 2023
#12	Feb. 26, 2023	Feb. 28, 2023	March 1, 2023
#13	Mar. 19, 2023	March 21, 2023	March 22, 2023
#14	April 2, 2023	April 4, 2023	April 5, 2023
#15	April 16, 2023	April 18, 2023	April 19, 2023
#16	April 30, 2023	May 2, 2023	May 3, 2023

CONFIRMATION CLASS

Session	Sunday	Time
#10	8-Jan-23	3:00 PM
#11	15-Jan-23	11:00 AM
#12	29-Jan-23	2:00 PM
#13	5-Feb-23	3:00 PM-4:15 PM
#14	26-Feb-23	3:00 PM-4:15 PM
#15	19-Mar-23	3:00 PM-4:15 PM
#16	2-April-23	3:00 PM-5:00 PM
#17	16-April-23	3:00 PM-4:15 PM
#18	30-April-23	3:00 PM-4:00 PM

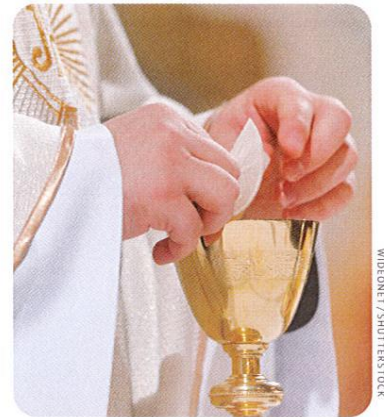
Dear Padre,

At Mass, why does the priest put a part of the consecrated host into the chalice?

The celebration of the Eucharist was known as “the breaking of the bread” in the Acts of the Apostles (2:42). “The gesture of breaking bread done by Christ at the Last Supper, which in apostolic times gave the entire Eucharistic Action its name, signifies that the many faithful are made one body (1 Corinthians 10:17) by receiving Communion from the one Bread of Life, which is Christ...” (*General Instruction of the Roman Missal*, 83). At Mass, bread is broken and wine is poured for Communion, just as the Body of Christ was broken and the Blood of Christ was poured out on the cross. In this fraction rite, we recognize Christ in “the breaking of the bread,” as did his disciples on the road to Emmaus (Luke 23:30–31).

After the fraction of the bread, the priest places a small piece of it into the chalice “to signify the unity of the Body and Blood of the Lord in the work of salvation, namely, of the Body of Jesus Christ, living and glorious” (*GIRM* 83). This rite is called the commingling.

While the *Agnus Dei* (“Lamb of God”) accompanies the fraction of the bread, the priest quietly recites a prayer of preparation for Communion “so that he may fruitfully receive the Body and Blood of Christ. The faithful do the same, praying silently” (*GIRM* 84). ●



WIDEORBIT/SHUTTERSTOCK

Fr. Byron Miller, CSsR / DearPadre.org



CNS SCREENSHOT / YOUTUBE

A WORD FROM POPE FRANCIS

Sisters and brothers, I am convinced that “the world can be seen more clearly from the peripheries.” We must listen to the peripheries, open the doors to them and allow them to participate. The suffering of the world is better understood alongside those who suffer.

**FOURTH WORLD MEETING OF POPULAR MOVEMENTS,
OCTOBER 16, 2021**

MONDAY

January 30
Weekday
Heb 11:32–40
Mk 5:1–20

TUESDAY

January 31
St. John Bosco, Priest
Heb 12:1–4
Mk 5:21–43

WEDNESDAY

February 1
Weekday
Heb 12:4–7, 11–15
Mk 6:1–6

THURSDAY

February 2
Presentation of the Lord
Mal 3:1–4
Heb 2:14–18
Lk 2:22–40 or
Lk 2:22–32

FRIDAY

February 3
Weekday
Heb 13:1–8
Mk 6:14–29

SATURDAY

February 4
Weekday
Heb 13:15–17, 20–21
Mk 6:30–34

SUNDAY

February 5
Fifth Sunday in Ordinary Time
Is 58:7–10
1 Cor 2:1–5
Mt 5:13–16

Timely topics viewed with a Catholic perspective

Catholic Update explores contemporary issues through the lens of Catholic teaching and traditions. Print and digital subscriptions! For more information, visit Liguori.org or call 800-325-9521.