



Our Parish COMMUNITY

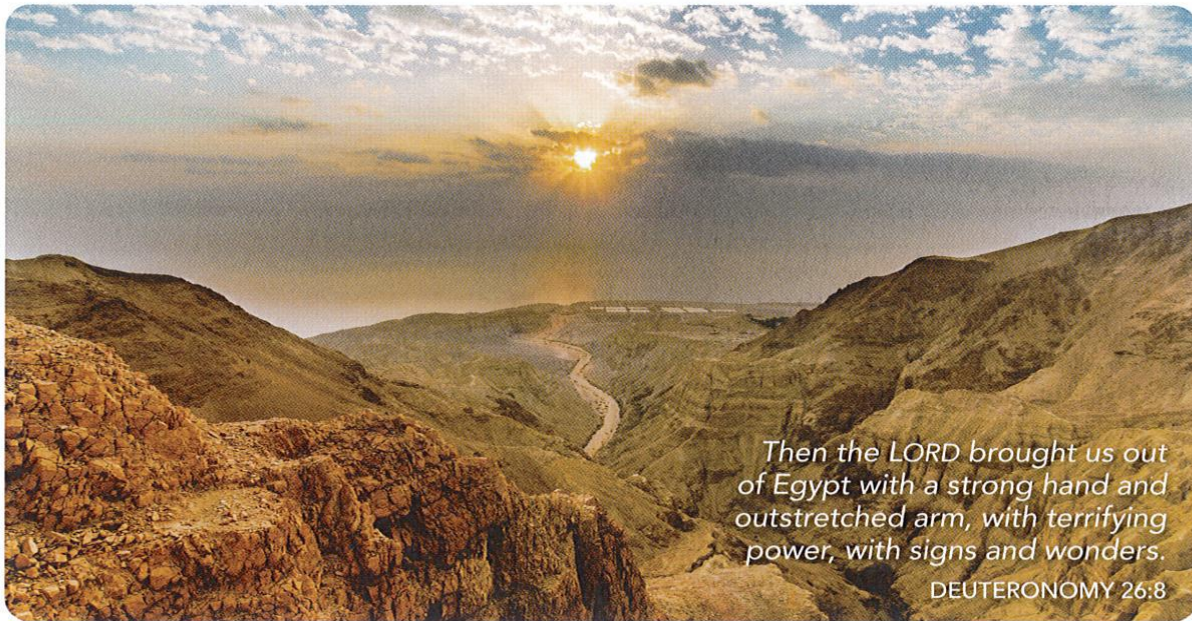
March 6, 2022

First Sunday of Lent (C)

Dt 26:4–10

Rom 10:8–13

Lk 4:1–13



JOHN THEODOR / SHUTTERSTOCK

Then the LORD brought us out of Egypt with a strong hand and outstretched arm, with terrifying power, with signs and wonders.

DEUTERONOMY 26:8

It's All Gift

There is one word that could almost be erased from our religious vocabulary. That word is *earn*. So many of us take on a Lenten program of penance to earn God's forgiveness. Or we engage in prayer to earn indulgences that will lessen our time in purgatory. Somewhere along the line we missed the class in which the primacy of God's free gift of grace was taught. Consequently, we still might use language that emphasizes our own hard-won merit apart from God rather than freely given love as the basis of all that follows. Today's first reading refutes such thinking.

The passage from Deuteronomy contains an important creedal statement, describing the heart of ancient Israel's faith. The people were instructed by Moses to commemorate the event of their founding as the special people of God. The creedal statement was probably recited during that commemoration. The statement itself describes how God called their

ancestor; from that ancestor called forth a great people, delivered those people out of slavery, and then settled them in a land that became their own. Every event was God's work. The people did nothing to deserve it. It was all gift. Why did God choose these people, make them great, free them, settle them, and provide them with abundant harvests? Because they were good? No! Because God is good. They earned nothing, deserved nothing. It was all gift.

Why is it so difficult for us to realize that we really do not give gifts to God? It's just the opposite. When it comes to God's grace, it's all gift.

Sr. Dianne Bergant, CSA

FOR Reflection

- ✦ *Spend a moment thinking about all the free gifts God has given you.*
- ✦ *Let your Lenten practice be graciousness to others.*



FIRST SUNDAY OF LENT

MARCH 6, 2022

*Man does not live by bread alone,
but by every word that comes from the mouth of God.*

WELCOME TO THE PARISH UNIT OF:

St. Bernard's, 43 Botsford St., Moncton NB E1C 4W9 (506) 857-0425

St. Vincent's, 63 Charlotte St, Sackville, NB E4L 2Y5 (506) 536-1460

St. Clement's, 14 Church St, Port Elgin, NB E4M 2C9 (506) 538-2262



Covid Protocols here at St. Bernard's, the following will apply:

1. Call in to register for Mass @ 857-0425.
2. Deadline to register for Masses – Wednesday 4 PM.
3. Congregational singing allowed with masks.
4. Masks are mandatory, 6 feet social distancing always.
(In the church and in the church parking lot)

MASS TIMES-WEEK OF MARCH 7-13, 2022

St. Bernard's	Thursday @ 9:30 AM
	Friday @ 9:30 AM
	Saturday @ 4:00 PM
	Sunday @ 11 AM
St. Vincent	Saturday @ 9 AM
St. Clement's	Saturday @ 7:00 PM

PASTORAL MINISTRY TEAM

Priest Moderator	Fr. Allison S. Carroll (sick leave)	
Administrator	Fr. Charles Broderick	charlesbroderick1@gmail.com
Assistant: (half-time)	Fr. Charles Lokoka	
Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Catechetics	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Social Justice	Claudia McCloskey	
Adult Faith	Andrew Wilson	

STAFF

Pastoral Associate / Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Office support / bookkeeper	Janessa Virtudazo	sbhf@rogers.com
Catechetical Coordinator	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Custodian	Michel Saulnier	

Parish office hours: Monday - Friday: 9 AM – 12 noon & 1 - 4 PM

Phone: 857-0425 Email: sbhf@rogers.com Website: www.stbernardschurch.ca

MASS INTENTIONS FOR THE WEEK OF MARCH 7-13, 2022

Thur.	Mar. 10	9:30 AM	Late Christopher Dooley	Mary Kelly
Fri.	Mar. 11	9:30 AM	Anniv. Late Gert & George McCarthy & Donna MacQuarrie	Fran Robichaud
Sat.	Mar. 12	4:00 PM	Late Aurea LeBlanc	Heather, Chris & Katie
Sun.	Mar. 13	11:00 AM	Late John Shean	Fern & Charlie Poirier

OFFERINGS

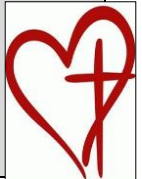
FEBRUARY 26-27, 2022 OFFERINGS RECEIVED BY MAIL & ONLINE

Envelopes	\$ 3,968.00	New Years Day	\$ 20.00	
Loose	\$ 56.00	Karing Kitchen	\$ 78.25	
Ash Wednesday	\$ 40.00	Building Fund	\$ 135.00	
Capital Campaign	\$ 1,445.00	Donation	\$ 55.17	
Needy Fund	\$ 10.00	Reconnect	\$ 40.00	
Syrian Fund	\$ 40.00			

Thank you for your generous and continued support!!!

In Sympathy

*A time to mourn.....
Sincere sympathies to
all those who mourn the loss of a loved one...*



Prayer Request

*Ecclesiastes 3...
Under every season there is a time...A time to heal.
We remember in our prayers those who are sick...*

Beth Purcell	Michelle Bastarache	Marcelline Lokoka
Cathy Steeves		
<i>And for all who care for them.</i>		



**IN THE EVENT OF A STORM OR INCLEMENT WEATHER
CANCELLATIONS WILL BE NOTED ON:
ST. BERNARD'S WEBSITE: www.stbernardschurch.ca
OR BY CALLING OUR PHONE LINE @ 857-0425**



****Sunday In person sessions**

Year 1-2-3 @ 9:15 AM; Year 4-5-6 @ 12:15 PM;

Session date for both groupings:

13 March 20, 2022

14 April 3, 2022

#15 April 10, 2022

#16 April 24, 2022

****Tuesday In person sessions @ 6 PM – Years 1-2-3**

#13 March 22, 2022

#14 April 5, 2022

15 April 12, 2022

16 Apr 26, 2022

Masks are required for all in person sessions.

Sunday Confirmation In person Session

12 March 20, 2022 Retreat @ 3 PM

13 April 3, 2022 Preparation Session 3 @ 3 PM

14 April 24, 2022 Wrap up Session 4 @ 3 PM

Zoom Sessions

Monday years 4-5-6@ 6:15PM

Session #112 Mar 14, 2022

Session # 13 March 28, 2022

Session # 14 April 4, 2022

Session # 15 April 25, 2022

Session #16 May2, 2022

Wednesday years 1-2-3@ 6PM

Session # 12 March 16, 2022

Session # 13 March 30, 2022

Session# 14 April 13, 2022

Session # 15 April 27, 2022

Session # 16 May 11, 2022

Sacrament of Holy Communion May 8th @ 11 AM Mass

Sacrament of Reconciliation TBD

Sacrament of Confirmation May 8th @ 11 AM Mass

The Fast Life

Fast from judging others; Feast on Christ dwelling in them.
 Fast from fear of illness; Feast on the healing power of God.
 Fast from words that pollute; Feast on speech that purifies.
 Fast from discontent; Feast on gratitude.
 Fast from anger; Feast on patience.
 Fast from pessimism; Feast on hope.
 Fast from negatives; Feast on encouragement.
 Fast from bitterness; Feast on forgiveness.
 Fast from self-concern; Feast on compassion.
 Fast from suspicion; Feast on truth.
 Fast from gossip; Feast on purposeful silence.
 Fast from problems that overwhelm; Feast on prayer that sustains.
 Fast from anxiety; Feast on faith. - Author Unknown





EVENING PRAYER

Christians are called in baptism to be people of prayer, to pray always, praising God and pleading for the world. Our priests, encourage us at the beginning of Lent to be more cognizant of prayer during the Lenten season. Why not try gathering with the faith community for Evening Prayer? It only takes up a half hour of your time. We follow the format for Evening Prayer that is offered in our Catholic Book of Worship.

All parishioners of our parish unit are invited & encouraged to gather for Evening Prayer Thursday evenings at St. Bernard's Church at 6 PM - March 10, 17, 24, 31 & April 7.



Development and Peace: A movement of solidarity

Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada. We partner with organizations in the Global South that promote alternatives to unjust social, political and

economic structures and support women in their quest for equality and justice. With the help of our 11,000+ volunteer members, we inform Canadians about the root causes of impoverishment and mobilize them to act for change. Our Lenten campaign, *People and Planet First*, offers you the opportunity to help protect vulnerable communities and ecosystems from corporate abuse. To learn more about and to join our movement, visit devp.org.

From the Office of Evangelization and Catechesis

To contact us:

Ellen - 857- 9952 or ellen.diocesemoncton@gmail.com; Trevor - 857-4879 trevord.diocese@gmail.com

Upcoming Meetings

Parish Catechetical Coordinators: Thursday, **March 17 at 6:00 p.m.** Meeting will take place at Diocesan Offices on York Street. Please use Dominion Street entrance.



Remember that Lent is a joyful march toward Holy Easter and that all the readings, rituals and penitential practices are not done mournfully, **but with the Risen Christ in mind and heart. Yet, it is also a time of ritual lamentation, of acknowledging the brokenness and pain in our lives and in our world.** Lent allows us

to articulate the grief and anger we feel through prayer texts and song, to seek repentance and healing by turning to Christ, to do something concrete by works of charity, and to fast in order to give food to others. The prayer and action are the work of the entire community, children as well as adults. **Prayer, fasting and almsgiving** are not just Lenten disciplines – they are, rather, the year-round regimen of Christian living; the disciplines that many would say, form us as disciples. **Lent is like a retreat.** Throughout the year the church is directed out into the world, but during these 40 days we pull back into ourselves for reflection and self-examination. **We make ourselves “right with God”.**

My Lenten Journey

Now is a good time to make concrete resolutions towards a meritorious Lent. Prayerfully ponder ways you want to improve in your spiritual life. What can you do this Lent to foster and deepen your desire and efforts for the salvation of souls?

Ideas for Prayer, Reparation & Penance:

- Attend daily Mass (or virtually if you are shut in).
- Make frequent visits to the Eucharistic adoration chapel and/or to the Blessed Sacrament.
- Be more faithful to or increase your current holy hours.
- Make Acts of Spiritual Communion during the day.
- Invite or bring someone to Mass, Evening Prayer or adoration.
- Pray for a different person each day.
- Commit to going to frequent or regular Confession i.e. weekly, bi-weekly, or monthly. Choose a particular point or defect to overcome with a corresponding virtue to practice each month. Theological virtues: faith, hope, charity. Cardinal virtues: prudence, justice, temperance and fortitude. The Seven Capital Virtues: humility, generosity, chastity, meekness, temperance, brotherly love, diligence. Practice cheerfulness, politeness, courtesy, patience, thankfulness.
- Fast from sin and sinful habits
- Improve or begin the habit of making a daily Examination of Conscience followed by an Act of Contrition. Pick a regular daily time that works for you and stick to it i.e. right after you pray the daily family rosary
- Pray the Rosary or more rosaries alone or with a friend
- Pray the Divine Mercy Chaplet in reparation for sin
- Commit one daily act of either a spiritual or corporal work of mercy
- Commit to fasting (i.e. Wednesdays, Fridays) and abstinence throughout Lent (i.e. unhealthy/junk food, processed food, sweets, refined sugar/foods, pop, caffeine, fast food etc.)
- Commit to a prescribed time of half an hour to an hour of daily physical exercise based on one's abilities – the Rosary and Chaplet of Divine Mercy could be prayed while exercising
- Refrain from or limit use of conventional and social media.
- Bless yourself, your family, and your residence with holy water at bedtime.
- Do your daily duties better and with a smile.
- Every day offer up little inconveniences, prayers and sacrifices for souls.
- Improve your family's emergency preparedness.

"In His anguish He prayed even more earnestly, & His sweat fell to the ground like great drops of blood." (Luke 22:44) ***Jesus did this for us, let's give Him our best efforts this Lent.***

To facilitate Adoration of the Blessed Sacrament, St. Bernard's will be open Monday through Friday from noon to one o'clock (12:00 -1:00), and on Sundays from two to three o'clock (2:00 – 3:00).

St Bernard's Parish
2022 Budget

Income	
Collection (loose)	8,000.00
Collection (envelope)	350,000.00
Special Collection	25,000.00
Needy Fund	3,000.00
Stole Fees (mass)	200.00
Bulletins, Palms, Books	1,000.00
Candles	1,000.00
Donations	30,000.00
Marriage Formations	1,000.00
Catechetics	2,000.00
Funerals	6,500.00
Fund Raising Activities	2,500.00
Rental Income	2,750.00
Other Income	2,000.00
Interest	5,000.00
	<hr/>
	439,950.00
Expenses	
Administrator	30,000.00
Moderator Assistant	20,000.00
Other Priest	5,000.00
Employees	100,000.00
Food & Lodging	20,000.00
Church Goods	3,500.00
Subscriptions	5,000.00
Office Expense	15,000.00
Equipment & Furniture	2,000.00
Maintenance	35,000.00
Miscellaneous expenses	20,000.00
Heating	15,000.00
Lights	7,000.00
Telephone	5,000.00
Insurance	15,500.00
Taxes	45,000.00
Parish Activities	6,500.00
Catechism	500.00
Special Collection expenses	25,000.00
Bank Charges	2,000.00
	<hr/>
	377,000.00
Receipts over Expenditures	62,950.00
Building Fund	
Receipts	75,000.00
Expenses	171,000.00
Net Income	<hr/>
	<hr/> (33,050.00) <hr/>

Dear Padre,

My fourteen-year-old daughter is very thin. She says giving up food during Lent is proof that she honors God. How can I convince her God doesn't want her to starve herself? Is there anything else she can do for Lent?

According to the *Code of Canon Law*, at age fourteen your daughter isn't required to fast (eating only one full meal a day, no snacks); the Church requires this only of people age eighteen through fifty-nine because people outside those age groups need more than one full meal a day to maintain good health (1252).

She is, however, old enough to abstain from meat, as required of Catholics age fourteen and older. But she should replace that meat with another source of protein like cheese or fish.

Please tell your daughter that the Lenten fast is about preparing our hearts to celebrate the joy of Easter. Fasting and abstinence are not about starving or losing weight. They're about making room for God and deepening our relationship with Christ.

And the word *abstain* isn't limited to matters involving food. Your daughter can abstain from watching television, using her mobile phone except in emergencies, or using

the computer for anything other than schoolwork. Prayer and almsgiving (donating money or time to charity) also are part of our Lenten practice. Anyone can safely do these things to achieve the same result: growing closer to God in preparation for Easter.

Fr. Patrick Keyes, CSsR / Sundaybulletin@Liguori.org

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

A WORD FROM *Pope Francis*

Fasting makes us share the situation of many people who face the torment of hunger and makes us more attentive to others; almsgiving is a blessed opportunity to collaborate with God's providence for the benefit of his children. And I invite you to make almsgiving a way of life and to persevere in concrete help to those in need.

ADDRESS TO PRO PETRI SEDE ASSOCIATION, FEBRUARY 16, 2018



Calendar

Monday

MARCH 7

Lenten Weekday

Lv 19:1-2, 11-18

Mt 25:31-46

Tuesday

MARCH 8

Lenten Weekday

Is 55:10-11

Mt 6:7-15

Wednesday

MARCH 9

Lenten Weekday

Jon 3:1-10

Lk 11:29-32

Thursday

MARCH 10

Lenten Weekday

Est C:12, 14-16,
23-25

Mt 7:7-12

Friday

MARCH 11

Lenten Weekday

Ez 18:21-28

Mt 5:20-26

Saturday

MARCH 12

Lenten Weekday

Dt 26:16-19

Mt 5:43-48

Sunday

MARCH 13

Second Sunday of Lent

Gn 15:5-12, 17-18

Phil 3:17-4:1 or

3:20-4:1

Lk 9:28b-36

Helping Catholics apply gospel messages today!

The award-winning *Liguorian* magazine is on sale to new U.S. subscribers for the low introductory rate of \$12.99. Call 866-848-2492 and use promo code 521LPB. 10 ISSUES PER YEAR. ONE PER HOUSEHOLD, PLEASE.

 **Liguori**
PUBLICATIONS
A Redemptorist Ministry