



Shine like the stars in the world, holding fast to the word of life.

WELCOME TO THE PARISH UNIT OF:

St. Bernard's (Moncton) Saint Vincent (Sackville), Saint Clement (Port Elgin)

MASS TIMES WEEK OF MARCH 4 - 10, 2019

St. Bernard's	Wednesday @ 9:30 AM, Thursday @ 9:30 AM, Saturday @ 4 PM & Sunday @ 11AM
St. Vincent's	Sunday @ 9AM
St. Clement's	Saturday @ 7PM (every 2nd week - call 538-2262 to confirm)

PASTORAL MINISTRY TEAM

Priest Moderator: Rev. Allison S. Carroll	Social Justice: Claudia McCloskey
Assistant: (part-time) Rev. Charles Broderick	Catechetics: Lorella Dunnett
Liturgy: Darlene McGraw, Deb Gillespie	Adult Faith: Dr. Andrew Wilson

STAFF

Secretary: Darlene McGraw	Custodian: Michel Saulnier
Catechetical Coordinator: Lorella Dunnett	Email: Lorella_st.bernards@hotmail.com
Bookkeeper: Louise Tardif	Facilities Manager: Mike Murphy
Office: 43 Botsford St., Moncton, NB E1C 4W9 Phone: 857-0425 Fax: 857-9565	
Email address: sbhf@rogers.com Website: www.stbernardschurch.ca	

PARISH OFFICE HOURS: MARCH 4 - 8, 2019

Monday - Friday	9 AM - 12 Noon & 1 - 4 PM (Closed 12 Noon - 1 PM)
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MASS INTENTIONS MARCH 4 - 10, 2019

Weds.	Mar. 6	9:30 AM	Anniv. late James Carroll	Chuck & Jessie
Thurs,	Mar. 7	9:30 AM	Anniv. late Edmund Kelly	Mary Kelly & family
Sat.	Mar. 9	4:00 PM	Anniv. late Alphée Arseneault	Dina & family
Sun.	Mar. 10	11:00 AM	Anniv. late Ben Evers	Mark, Kelly & Treska

OFFERINGS FROM FEBRUARY 23 & 24, 2019

Loose	\$ 653.30	Needy Fund	\$ 40.00 (1)	Building Fund	\$ 360.00 (17)
Envelopes	\$ 5,436.00 (251)	ReConnect	\$ 35.00 (1)	Capital Campaign	\$ 65.00 (2)
Holy Land	\$ 5.00 (1)	Karing Kitchen	\$ 87.80		

THANK YOU FOR YOUR GENEROUS AND CONTINUED SUPPORT

MARK YOUR CALENDARS

*St. Bernard's Church - open Monday to Friday 11 AM - 1 PM
(for personal time of quiet reflection/prayer)*

Carmelites	2 nd Saturday of the month - 10 AM to 12 noon	Stage Area
Living Word Community Prayer Group	Wednesdays @ 7 PM	St. Augustine's
Prayer Group	7 PM - 2 nd Sat & last Sat. of each month (after the 25 th)	Church Hall
RCIA	1 st & 3 rd Weds. of each month	Stage Area
Circle of Friends	Thursdays after 9:30 AM Mass	Church Hall
Next Baptism Prep.	To be determined	Stage Area
Next Baptisms	To be determined	Church
Ash Wednesday	March 6 @ 9:30 AM	Church
CWL Shamrock Card Party, Tuesday, March 19 @ 12 Noon (storm date - Wednesday, March 20)		
St. Patrick's Day Mass	Saturday March 16 @ 11 AM	Church

CONFESSION

St. Bernard's - Thurs. - before 9:30 AM Mass (9:00-9:20 AM upon request/availability of the Priest)
Immaculate Heart of Mary Church - Saturday afternoons from 1-1:30 PM
St. Bernard's @ 1 st Saturday of month Mass (9:00-9:20 AM upon request/availability of the Priest)
Notre-Dame-de-Grace (854 Mountain Rd.) - 3 rd Saturday of the month 1-2 PM
St. Bernard's prior to 4 PM Mass (upon request/availability of the Priest)



Ecclesiastes 3...

**Under every season there is a time...A time to heal...
We remember in our prayers those who are sick...**

Ann Vautour	James Wilson	Rose Ward	Trudy Finlayson
Marilyn MacLeod	Judy Chiasson	Zella O'Dell	
Joanne Carson	Laurette LeBlanc	Artemio Mendoza	
Harold O'Rielly	Barry Heath	Jim & Ruth Heath	



A time to mourn...Our sincere sympathies to the family of:

Ralph Dutcher	Nephew of Ruth (Jim) Heath
Mary Lou Tregunno	Wife of (late) Norman
Michael Melanson	Son of Marg Moore

And to all those who mourn the loss of a loved one...



**From the Offices of Faith Development,
Liturgy & Youth Faith Development
To contact us:**

Ellen	857-9952, ext. 1261	ellen.diocesemoncton@gmail.com
Trevor	857-4879, ext 1260	trevord.diocese@gmail.com
Deb	857-9531, ext 1262	liturgymoncton@gmail.com

The English Diocesan Youth Faith Commission: are scheduled to meet on Monday, **March 4th at 6:00 PM at the Diocesan Offices on York St.** Please use the Dominion St. entrance.

Medically Assisted Death and Challenges to a Good Death: Your **last chance to register for this session with Dr. Nuala Kenny is Thursday, March 7th.** In her presentation, Dr. Kenny will address the ultimate medicalization of human suffering through medically assisted death, and society's increasing inability to accompany others toward a good death. **This session takes place on Sunday, March 10th at St. Bernard's Church Hall, Botsford St., 2 - 8:30 PM.** Cost is \$15, which includes supper. Please register with Ellen. Anyone interested in this topic is most welcome to attend. **Please note that Atlantic Daylight savings time begins March 10th.**

The Challenge of Healing Together from Clergy Sexual Abuse: We are a Church reeling from reports of clergy sexual abuse. We are aware of the overwhelming and long-lasting harm for victims of abuse; we are living the pain, disillusionment, shame and anger as members of Christ's Body. We are invited to come together to see how we can continue to be Church to one another and heal from the devastating effects of this. **Sr. Nuala Kenny will speak on The Challenge of Healing together from Clergy Sexual Abuse on Monday, March 11th at the Dan Bohan Family Centre, Immaculate Heart of Mary Parish, Riverview, 7 - 9 PM.** Please register with Ellen.

Parish Catechetical Coordinators: are scheduled to **meet on Thursday, March 14th, 6 PM at the Diocesan Offices on York St.** Please use the Dominion St. entrance.

Adult Faith Commission: **Meeting scheduled for Tuesday, March 19, 6:30 PM at the Diocesan Offices on York St.** Please use the Dominion St. entrance.



CWL Monthly Meeting - Sunday, March 3, 2019

1:00 PM	Rosary in church hall
1:30 PM	Regular meeting

New Members Always Welcome !



DAYLIGHT SAVINGS TIME BEGINS

SUNDAY, MARCH 10, 2019

SET YOUR CLOCKS FORWARD

ONE HOUR SATURDAY NIGHT



St. Bernard's Shamrock Card Party

St. Bernard's Catholic Women's League will be hosting its annual
Shamrock Card Party

on Tuesday March 19th at 12:00 noon in the Church Hall.

Storm date will be Wednesday March 20th.

Lunch will be served. Tickets \$10.00.

To reserve tickets or a table, please call:

Louise Ongo @ 859-7306, Donna Ermen @ 856-5918 or Norma Gibson @ 855-8236.



St. Patrick's Day Mass Saturday March 16 @ 11:00 AM

St. Bernard's Choir will be singing ½ hour of Irish music prior to mass.
The offerings will be used for the Fr. Peter McKee and Gerry McCarthy
bursaries given by the Irish Canadian Culture Association -Westmoreland-
Albert- Kent Chapter.



Irishfest 2019 - Celebrate your Irish roots



March 8 - Raising of Irish National Flag - Moncton City Hall at 12 Noon

March 9- Raise a glass to Ireland-2 PM. Meet & Greet.

AirForce Veteran's Club-St. George Blvd.

March 10 - Irish Brunch (Shepherd's Pie) - \$15.00 per person (**Limited to 80 meals**)

Advance tickets available at the Press Club. Moncton Press Club beginning at 12:00 Noon
Free Ceilidh with live entertainment: Dorothy Brzezicki & Company, The Sons of Gael-The
Rainbow Singers, The Dunnett Dancers-Paul McCloskey

March 16 - Mass at St. Bernard's Church- 11 AM

Proceeds go towards our two university bursaries.

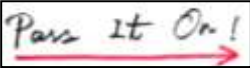
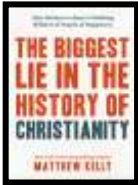


St. Bernard's Faith Formation

Sundays	Tuesdays	Wednesdays
Years 1,2,3: 9:15 - 10:45 AM Years 4, 5, 6: 12:15 - 1:45 PM Year 7: 6 - 7:30 PM	Years 1,2,3: 6 - 7:30 PM	<u>Years 4, 5, 6:</u> 6 -7:30 PM
March 17	March 12	March 13
March 24	March 26	March 27
March 31	April 2	April 3
April 28	April 30	May 1
May 12	May 14	May 15

Sacrament Preparation for Holy Communion:

- Thursdays: **March 28, April 4, & May 2 - 6:00 - 7:00 PM in Church Hall**
- **Celebration of the Sacrament of Confirmation: Wednesday, April 24 @ 7:00 PM**
- **Celebration of the Sacrament of First Communion: Sunday, May 5 @ 11:00 AM**
- **Celebration of the Sacrament of Reconciliation: Saturday, May 11 @ 2:00 PM**



Not everyone was able to get a copy of **Matthew Kelly's book, "The Biggest Lie In The History of Christianity"**. If you are finished reading this inspiring book, feel free to leave your used copy at either entrance of the church so someone else can be enriched by the message it shares.



SUNDAY CELEBRATION OF THE WORD – Mark your Calendars:

In order to ensure that all our faith communities become more familiar with the liturgy of **Sunday Celebration of the Word and Hours**, the English Diocesan Pastoral Council has requested that this ritual prayer of the Church be organized again this year during the Season of Lent. **Sunday Celebration of the Word and Hours** is the **official** ritual to be used when no priest is available to preside at Sunday Mass. Members of all the English parishes (**and especially liturgical ministers**) are encouraged to take advantage of the opportunity to gather together to pray this liturgy. This liturgy will be celebrated on **March 18, 7 PM, at St. Bernard's Church, 43 Botsford St . Note: Following each of the liturgy, all those present, including the liturgical ministers, are invited to remain to discuss and ask questions about this ritual.**



Knights of Columbus - Council 1310 - 84 Broadway St.
Sunday Breakfast March 3, 2019 - 8:30 - 12:30
 Adults \$ 8.00, children \$ 3.00, and 5 years and under free.
 All are welcome.



Baptism

Sunday, February 24, 2019

*Michael Yves Chalifoux, child of Mathieu & Shauna
was welcomed into St. Bernard's Parish community through the
Sacrament of Baptism*

*May Jesus bless your precious little one with
His constant love and grace.*

ASH WEDNESDAY– MARCH 6, 2019

	St. Bernard's	9:30 AM
	Holy Family	12:00 Noon
	St. Lawrence O'Toole	12:00 Noon
	Immaculate Heart of Mary	6:30 PM
	St. Vincent's	7:00 PM (includes St. Clement's)
	St. Augustine's	7:00 PM
	Our Lady of Mercy	7:00 PM
	St. Jude's	7:00 PM

**The collection taken on Ash Wednesday
is for the Needs of the Church in the Holy Land.**

Did you know...Ash Wednesday is a day of fasting & of abstinence from meat?

Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open for prayer, to share more in the suffering of those who are starving & to save money to give to the poor. The law of abstinence from meat binds those who are 14 & older; the law of fasting binds those from 18 to 59 years of age. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance.

THE WAY OF THE CROSS

**The way of the Cross will be celebrated each Friday during Lent at
6:30 PM. To make this prayer available to as many as possible, it
will be celebrated in different churches as follows:**



March 8	Holy Family
March 15	St. Augustine's
March 22	St. Bernard's
March 29	Immaculate Heart
April 5	St. Augustine's
April 12	St. Bernard's
April 19	Holy Family



EVENING PRAYER

Christians are called in baptism to be people of prayer, to pray always, praising God and pleading for the world. Our priest-moderator, Fr. Carroll, encourages us at the beginning of Lent to be more cognizant of prayer during the Lenten season. Why not try gathering with the faith community for Evening Prayer? It only takes up a half hour of your time. We follow the format for Evening Prayer that is offered in our Catholic Book of Worship.

All parishioners of our parish unit are invited & encouraged to gather for Evening Prayer Thursday evenings at St. Bernard's Church at 6 PM - March 7, 14, 21, 28, April 4 & 11.



We are happy to have you join us!

Are you new to the parish or have you been part of our community for awhile but have just never registered?

There are registration forms available at all entrances to the church, at your parish office, on our web site (www.stbernardschurch.ca) Fill in the information, return the form to the office and you will be formally registered. This will help us to better serve your individual needs!



Home Energy Assistance Program:

Are you eligible for the provincial government's \$100 benefit under the Home Energy Assistance Program?

A one-time payment of \$100 to help NB families cope with high energy costs. To be eligible for the benefit under the Home Energy Assistance Program, families must have had a total family income of \$30,000 or less in 2018. How to apply? Application forms for the 2019 benefit under the Home Energy Assistance Program are available at each entrance of the church, at Service NB centers & online at www.snb.ca or at www.gnb.ca/Finance.

For more information, call the NB Department of Finance at 1-800-669-7070, Monday to Friday, 8:15 AM - 5 PM.

Helping the Environment While Helping Those in Need: A couple of recycling projects at the church have positive effects in more ways than one. The milk bag mats woven by the confirmation class have made sleeping easier for those who are homeless. Bottles and juice boxes from the snacks at catechism sessions and receptions in the church hall are donated to the Guy and Sheila Gagne Foundation to support projects for those in our country and elsewhere in the world.

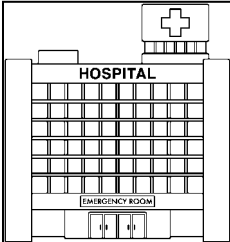
Free tax Clinics

Need help with your taxes?

INCOME TAX CLINIC

A free tax clinic is a place where eligible people can go to get their tax returns done for free.

A list of free clinics & eligibility requirements has been posted to St. Bernard's bulletin boards at each of the church entrances.



Parishioners in hospital:

Parishioners in Moncton City Hospital and the Georges Dumont Hospital are reminded that if they wish to receive a visit from the parish priest, it is necessary to specifically identify themselves as being members of St. Bernard's parish when they are admitted to hospital. The clergy visiting lists

for priests and pastoral care visitors are printed out according to parish identification. This means that if you haven't identified yourself as belonging to our parish, the priest or pastoral care visitors will not be aware that you have been admitted to hospital and thus will not be able to visit. Due to changes in the "Privacy Act", PARISHIONERS IN HOSPITAL are reminded that if they wish a visit from a Priest, or to receive Holy Communion while in hospital, it is necessary to specifically identify themselves as being members of St. Bernard's parish and to state that "they wish to request a visit from a priest or from a member of the Parish Pastoral Care team." If they wish to receive a visit from the parish pastoral team, parishioners at the Georges Dumont Hospital are asked to contact the St. Bernard's parish office.



Low Gluten Hosts

Gluten intolerance has become more prevalent in recent years. Prompted by faithful Catholics wanting to receive Communion, we have ordered a supply of low gluten hosts (yields less than .01% gluten content per bread/wafer). We already have a few parishioners that have sourced their own supply & place them in their own personal pyx for consecration at mass. If you are diagnosed with gluten intolerance, you must purchase your personal pyx and low gluten hosts **are now available** at our Parish office during office hours.



Prayer for Lent: Free us, Lord Jesus, from anything that obstructs our way to you. Clear away the clutter of petty grudges. Remove smudges of resentment & bitterness. Cleanse us of thoughts filled with anger, envy, or self-pity.

Create space in our lives for more kindness & less spitefulness, greater generosity & few self centered needs, stronger compassion and weakened judgment of others. Enlarge our hearts with a spirit of gratitude this Lent, so that we recognize the simple gifts that lay in abundance all around us. **In your Sacred name we pray. Amen**

On Wednesday, March 6, 2019 we once again begin the season of Lent



How do we mark Lent in our churches?

During Lent we emphasize some things by their absence. In the rituals of the Triduum we welcome back that which was absent; during the Easter season we give what was absent, renewed importance. Lent demands an apparent plainness that says, **“This is a time to get back to basics”**. **We concentrate on the**

basics of the Word and the Eucharist in order to prepare ourselves to renew our baptismal vows at Easter. Our efforts are meant to make more evident what is important about these 40 days: the assembly of the faithful, the penitents seeking reconciliation, and some years, candidates preparing to enter into communion with the Church and catechumens preparing for baptism during the Easter Vigil.

During the Lenten season, we do not sing “Alleluia”. The paschal candle is removed from the body of the church. Baptisms are not usually performed during Lent, except in an emergency. Some other Lenten traditions include the absence of flowers, greenery, plants and decorations. The sanctuary is as bare as possible.

Lent has a double purpose. It helps the catechumens to prepare for celebrating their baptism, confirmation, and the Eucharist at the Easter Vigil and invites those who are baptized to prepare through penance and prayer to renew their baptismal vows at the Vigil.

During Lent, it is especially important to realize the social consequences of sin as well as the fact that the heart of the virtue of penance is hatred of sin as an offence against God. Lenten penance should be external and social as well as internal and individual.

Prayer, fasting and almsgiving are not just Lenten disciplines – they are, rather, the year-round regimen of Christian living; the disciplines that, many would say, form us as disciples. During Lent, we try the best we can to get back to these basic disciplines.

Lent is like a retreat. Throughout the year the church is directed out into the world, but during these 40 days we pull back into ourselves for reflection and self-examination. We make ourselves “right with God”.



Lent – A sense of Season:

Lent is the yearly celebration by the Church of its corporate conversion in Jesus Christ. **The highest point in the Church's year of prayer is the Easter Triduum (Holy Thursday, Good Friday and the Easter Vigil) celebrating the dying and rising of the Lord Jesus.** We prepare for this three-day period by the season of Lent and prolong it for the great 50 days of the Easter season. Together, Lent, the Triduum and the Easter season make up the "paschal season", the springtime of the Church.



Ash Wednesday

Why do we wear ashes? Ashes symbolize sorrow and penitence. The early church ritualized this for those who had committed a serious or "capital" sin. These "penitents" would wear a penitential garment and have ashes sprinkled on them. Then they would be excluded from celebrating the Eucharist until the

Easter Vigil. (Note that a person could be a penitent only once in a lifetime.) Although the order of penitents had declined, by 1091 all the faithful were encouraged to take on the practice of wearing ashes at the beginning of lent. Today we continue this practice as an expression of "our human condition as affected by sin" (Ceremonial of Bishops, 253). We mourn for "our sin and ignorance" (Responsorial for Ash Wednesday) that has kept us from keeping to our baptismal promises. We are marked with ashes as a sign of our commitment to "turn away from sin and be faithful to the gospel" (Mk 1:15).

Where do the ashes come from? The rubrics for Ash Wednesday say that "the ashes used today come from the branches blessed the preceding year for Passion Sunday." Though there is no special rite for burning palm branches, many communities have made a tradition of preparing their own ashes during the weeks before Lent.

How long do I have to wear these ashes? There is no rubric that states that ashes need to be worn outside of the Ash Wednesday liturgy, though you'll see many smudged foreheads at work and on the streets on that day. The wearing of ashes is meant to be a sign of our inward conversion, and, as the Gospel of the day warns, not a way to gain applause. However, this could be a way to quietly evangelize our places of work and to find support from unknown fellow Catholics.

Is it a sin to not get ashes on Ash Wednesday? Some people believe that it is a sin to miss receiving ashes on this day. Some even believe that one would not go to heaven if he or she were not marked with blessed ashes. Neither is true. (Ash Wednesday is not even a holy day of obligation!) This of course does not mean that we shouldn't participate in this liturgy, nor does it mean that the symbol isn't important. Wearing ashes must reflect our desire to act from our baptismal promises. Saying "we believe" requires us to live dead to sin. Wearing ashes demands that we live alive for Christ.